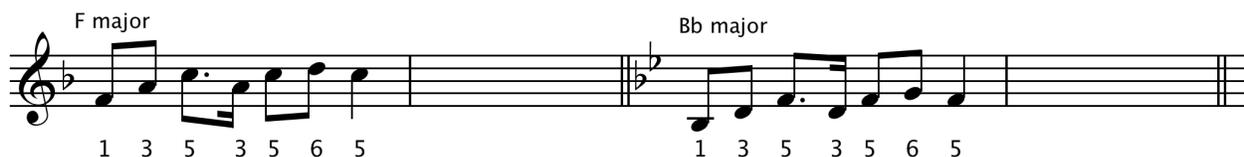


Traveling by Fourths

 Let's go through The Circle (on p. 73 in Appendix A) counterclockwise—by fourths. Starting in C, next is F, then Bb, and so on till you end up back at C. Appendix C, p. 78, lists the many ways you can travel through all the keys. **The complete exercise is written out in the Sheet Music section, p. 58. (In this sneak peek document, the sheet music is copied at the bottom of this page.)**

 Play the first measure through all the keys now. Use the Circle of Fourths as your transposition map. Notice that the last note of the phrase leads to the first note of the new key. Just go down one whole step. Accompaniment for the first measure of *Michael, Row the Boat Ashore*, is on **Track 10 @ 60 bpm. Track 11** contains the same music a little faster, 80 bpm. (Track 10 is not included with this sneak peek document.)



Musical notation showing the first measure of the exercise in F major and Bb major. The notation includes a treble clef, a key signature of one flat, and a 4/4 time signature. The melody consists of quarter notes: F4, A4, C5, B4, A4, G4, F4. The first measure is in F major, and the second measure is in Bb major. Fingering is indicated below the notes: 1 3 5 3 5 6 5 for the first measure and 1 3 5 3 5 6 5 for the second measure.

Track 10 and 11
Exercise: p. 26

Row, Michael, Row

arr. Mary Ellen Grace



Musical notation for the exercise "Row, Michael, Row" in 4/4 time. The notation is in treble clef and shows the first 11 measures. The key signature is one flat. The melody consists of quarter notes: C4, E4, G4, F4, E4, D4, C4. The first measure is in C major, and the subsequent measures are in the following keys: F, Bb, Eb, Ab, Db, Gb, B, E, A, D, G, C. The notation includes a treble clef, a key signature of one flat, and a 4/4 time signature. The melody consists of quarter notes: C4, E4, G4, F4, E4, D4, C4. The first measure is in C major, and the subsequent measures are in the following keys: F, Bb, Eb, Ab, Db, Gb, B, E, A, D, G, C.

Triads and Chords

The Basic Triad

Longtones, Scales, and now **ARPEGGIOS**. We'll focus mainly on the major triad, composed of the tonic, third and fifth of the scale, 1-3-5 or do, mi, sol. There are many songs that outline triads in their melodies. I'll show you a few and then list some more for you to transpose through all the keys.

Remember, these are warmup exercises designed to be FUN. You don't need to do all of them at once. Take turns playing a different melody each day. When you find other songs that use the triad, jot them down in this book. I've provided some blank staff paper at the end of this chapter.

African-American Spiritual

Michael, Row the Boat Ashore neatly outlines the triad in its opening phrase. This spiritual includes all pitches of the major scale except the seventh. The pitch numbers are: 1-3-5-3-5-6-5, 3-5-6-5, 3-5-5-3-4-3-2, 1-2-3-2-1. Solfege: do-mi-sol-mi-sol-la-sol, mi-sol-la-sol, mi-sol-sol-mi-fa-mi-re, do-re-mi-re-do. Here is the music for the whole song in the key of C major. Give it a play.

Michael, Row The Boat Ashore, C major African-American Spiritual

1 3 5 3 5 6 5 3 5 6 5 3 5 5 3 4 3 2 1 2 3 2 1

You know what's coming next, don't you? Transposing time!



